

ZONTA ZEST

Zonta Club of St. Louis

President's Message to the Club

Congratulations to all GRADUATES! We are so proud of our Womens's Another Chance students and will celebrate them and their families at our Membership Meeting, Saturday, June 15, 2023 at Zied Citizens Park. Feel free to Invite a friend or prospective member.

This fiscal year has been very busy and very productive. If you have not read each committee's annual report please take a few moments to do so. The summaries are not long, but packed full of information highlighting our 2023-2024 accomplishments. Our club has done an outstanding job and members should feel proud and share our accomplishments with friends and prospective members.



We mourn the passing of our dear Zontian and friend, Elizabeth (Liz) Heitman. Although we expected to have her longer she passed in her home in May . At the Memorial, it was evident that she was loved by many. She was a long time member of Zonta, past President and served on most committees. In addition she would host the Christmas parties and membership meetings in her home. She also prepared dinner for the board, served each of us and conducted the business of the club. She was a true educator and loved doing it. Our condolence goes out to her family. We will miss her!

Linda White will be leave June 22 for Brisbane, Australia, and we wish her a safe and outstanding ZI Convention. We know she will bring back valuable information and insights.

Four of us attended the Yellow Rose Second Chance event In Jefferson City. There were over 650 in attendance and many were honored for their outstanding work in our State's Capitol and the surrounding area.

Remember, in July we do not have a membership meeting because of international convention. In August we are planning a Long Range Planning meeting Aug 3rd. It will not be held at a restaurant.

If you plan for a year, sow a seed;
If you plan for a decade plant a tree;
If you plan for a century, educate the people.

More information will be coming.

Laura



June Board Meeting Updates:

- Long range planning is meeting to discuss how to get women interested in taking a leadership position in the club.
- There was a lengthy discussion about leadership positions and responsibilities. It was decided that a retreat in August would be a good opportunity to meet with leaders and hopefully promote renewed enthusiasm and engagement.
- The retreat would focus on current leaders but be open to all members.
- Liz Heitman, Charellise Coleman and Rachelle Reeg will be recognized at the international convention during the “In Memoriam” presentation.



Congratulations to the new Board!!

What a lovely evening at the Firefly Grill! Fun was had by all that attended. The room was decorated beautifully and the yellow roses were in abundance. 2024-2025 Board members were inducted. From left to right are: Sherri, Ellen, Peggy, Jill, Edith, Kay, Sharon, Judy, Laura and Linda pictured. Missing from the picture are Stacy and Barb.



Please arrive promptly at 11 AM

Irv Zeid Citizen's Park

9100 Old Bonhomme Rd. , Olivette , MO 63132

The Zonta Club of Jefferson City 2024 WOMEN OF ACHIEVEMENT YELLOW ROSE LUNCHEON Celebrating Women With Grit

Laura, Genevieve, Edith and Linda loaded up and traveled to Jefferson City for some FUN! As you can see, FUN was had by all!! Several women were honored for their work in the community. The keynote speaker was Senator Holly Rehder.



Zontians in ACTION...



June's service project at Rung was a blast... wet and rainy but fun! We cleared out a ton of weeds from the garden followed by a tour of the facility. Rooms throughout the building had quotes from famous women. Can you guess whose quote is pictured to the right? Amelia Earhart!

Several of us went to lunch afterwards at Have a Cow Cattle Company Cafe and Urban Farm Store. Thanks for the lunch tip Ellen!



2024 Jane M. Klausman Scholarship Winner!



I am grateful to Zonta for this scholarship gift that I can use towards my Master of Accounting program. I am a single woman working a full and a part time job, as well as, going to school. My goal is to finish this master's program with no student debt (I am still paying off my undergraduate loans and I completed my bachelor's program in December 2012). As a first generation college student that has had to pay for all of her own schooling, this scholarship is a huge help and something I appreciate VERY much. Thank you!

I also love that this scholarship has introduced me to Zonta. My bachelor's degree is in Social Work, so finding like minded, socially conscious women is something I am very excited about. I can't wait to see how I am able to provide help to people through my accounting degree and Zonta will be a wonderful resource.

Jackie

Jackie's essay from her application:

Thank you for the opportunity to apply for the Zonta International Jane M. Klausman Women in Business Scholarship.

I am beginning my Master of Accounting program more than a decade after finishing my bachelor's degree and being in the workforce. I was intentional about waiting to return to school. I wanted to be sure of my choice and accrue no additional debt. I have returned to school now because I have discovered my interest and skill in working in the accounting area. As a first-generation college student, I want to be an example to my niece and nephews. I want them to know that it is possible to get a master's degree and do it in a financially sound way. I want to help teach them that they can do most anything if they are committed to the process.

Along with determining my desire to have a degree in accounting, I can also work full-time at the University of Missouri-St. Louis and receive a discount for my schooling. Since I am still paying on my undergraduate student loans, I find this discount to be very beneficial. While I am going to school and working full-time, I am also taking additional opportunities to pay for schooling and connect with the accounting field. Currently, I am the VITA (Volunteer Income Tax Assistance) Support Intern with Gateway EITC Community Coalition. This has provided extra income as well as a chance to become familiar with the tax filing process. I also attend meetings on campus as much as possible to connect with fellow students, faculty, and area firms.

With a bachelor's degree in Social Work, I come into the business and accounting fields with perhaps a non-traditional objective. I want to use my accounting degree to help others. With my time in the workforce, I have learned that I have a talent for working with numbers and a knack for keeping track of the details. I want to use these skills to work in areas that help to monitor and ensure that businesses and their dealings are being run in ethical ways. I also want to find possibilities for empowering and strengthening others in their finances. We all have to have money in our world, and I want to help people understand how to use money to their advantage and ensure that on a large scale, money is working for our greater good.

2024 Women in STEM Scholarship Winner!



I am beyond grateful to have been awarded the 2024 STEM scholarship. This scholarship will support my future aspirations of becoming a pharmacist and pharmacy owner in furthering my education at Florida A&M University. The ZONTA 2024 STEM scholarship serves as a catalyst in being one step closer to achieving my goals.

Best,
Kamille Buck

I aspire to become an emergency medicine pharmacist and independent pharmacy owner after earning a dual degree in Doctor of Pharmacy and Master of Business Administration (PharmD/MBA). The mission of my independent pharmacy is a multifaceted endeavor that meticulously targets facets of accessibility, affordability, and treatment compliance, encapsulating a holistic approach to transformative healthcare provision. As a person of color, I've realized the profound need for representation in healthcare for professionals who understand the unique challenges minority communities face. By opening an independent pharmaceutical practice, I will strengthen the African-American provider-patient relationship and assist in closing the gap in many healthcare disparities. Mitigating this social construct in health care improves representation, ultimately increasing access to quality care, impacting affordability, and increasing medication/treatment compliance. This improves not only health outcomes but population outcomes. The concept of relatability plays a significant role among minorities, one that should not be taken for granted or overlooked. This leads to comfort and trust in the medical community, specifically the provider-patient relationship.

The vision of my pharmaceutical career is to promote health equity and literacy among underserved communities and strive for patient advocacy. Moreover, providing holistic community care that encompasses preventive care, wellness screenings, and vaccinations cultivates a wellness hub for the community. Furthering my dedication to reach the pinnacle of my career includes earning a Master of Public Health (MPH) to scrutinize global health policies at a corporate and pharmaceutical industry hierarchy. Equipped with a PharmD, MBA, and MPH will amplify my impact and mold me into a seasoned healthcare professional.

My career aspirations have been staunchly influenced and supported by participation in numerous science enrichment programs that further my initiative, ambition, and commitment to pursuing a career in STEM. For example, I participated in a pharmacy technician program offered by the St. Louis Internship Program (SLIP), am currently working as a pharmacy technician at an independent pharmacy, have a membership in the National Society of Black Women in Medicine (NSBWM), and have accepted an internship invitation from the University of Michigan Ann Arbor, esteemed as the #2 pharmacy school in the United States. My dedication to achieving my aspirations is pertinent to my story of discovery and my unwavering commitment to making a difference in one patient, one diagnosis, and one treatment at a time.

Acceptance of this scholarship will serve as a catalyst by enabling an unwavering focus on my career pursuits through financial assistance, which will advance my collegiate career, broaden my pharmaceutical knowledge, and fulfill a profound passion. Moreover, receiving the Zonta Women in STEM Scholarship will alleviate the financial burden of paying out-of-state tuition in its totality, especially considering my family unit is a single-parent household. Ultimately, my goals are much larger than myself. Meaning my success will not only be individualistic because my success will produce positive change for the community. Nonetheless, my success is mandatory, and acceptance of the Zonta Women in STEM Scholarship is crucial to my steadfast endeavors.

2024 - Irene Geer Art Award Winner!

Hi, my name is Relanda Young, and I am a third-year interior design student at Maryville University. I made the Dean's List in Spring 2023 after returning to school for over a decade to pursue my second bachelor's degree, a Bachelor of Fine Arts in Interior Design.

As the first person in my family to attend college, I have rearranged rooms all my life. I earned my Bachelor of Arts degree from Emory University in 1996. I was not exposed to design as a career option (I grew up before HGTV!). Moreover, I did not see it as an option for lower-income Black women. I chose to pursue a career in nonprofit management and education because I needed the stability of a career, I knew could support my family.

Soon after my son left for college, I decided to pursue my design dreams. I took a risk and opened my own staging and redesign company, Simply Beautiful Designs and Events, in 2019 and relaunched it in 2020 as R.D. Young Enterprises, LLC. My first staging job sold above the asking price in 1 day! This was my confirmation that I had chosen the right path. The sacrifice was worth it because my designs helped people to love where they lived.

In 2022, I decided to take my design career to the next level and enrolled in Maryville University's Interior Design program. I chose the school based on its national rankings and innovative design programming. When I decided, I had to balance my goals of impacting others' lives through design with paying for a second degree out of pocket. The choice to invest in myself won out.

As a recipient of the 2024 Zonta Club of St. Louis Irene Geer Art Award, I am a trailblazer in my family and the St. Louis, MO Community. I understand the importance of education and how it changes the lives of others firsthand.

Therefore, I am taking full advantage of every opportunity provided through Maryville, professional interior design organizations, and the professional connections I have made so far.

During the 2023 school year, I participated in Mock Interviewing and attended student IIDA/ASID functions. I received one of the ASID 2023-24 student academic scholarships.

During Summer 2023, I was a Teaching Assistant for IIDA Gateway Chapter's Design Your World 2-week immersive design program. I helped introduce young people to interior design, especially from disadvantaged areas. I am confident I will continue to display the same unique commitment and diligence to assisting others to achieve their design dreams.

During Fall 2023, I interned with Property Enhancements LLC, a prominent staging and interior design company, to help grow my business. My professors nominated me to participate in Counsel for Interior Design Accreditation Student Interviews, representing first and second-year students.

As a business owner, I carry my knowledge and experience to my clients by showing, not telling. I have my own almost historic home that I intend to renovate as an example of how our landmark housing can be revitalized and loved once again. Once my degree is conferred, it will position my company, R.D. Young Enterprises, LLC, to work with premier residential and premier commercial clients.

RDY Designer Showrooms would display interiors to designers, architects, and homeowners to help them with selection, sampling, installation, and staging.

I look forward to helping others' design dreams come true.

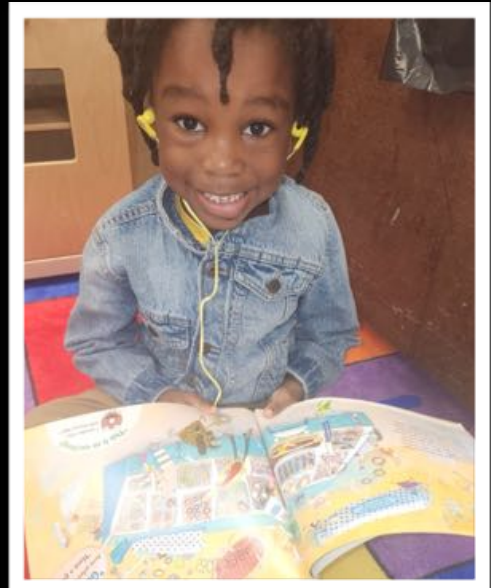
Best Regards,

Relanda



Relanda Young

The Literacy Committee would like to share some pictures of the students at Jennings pre-school enjoying the book bags provided by our club.





3308 Washington Blvd., Ste 2C
St. Louis, MO 63103

you like here: @
info@hopecreates.org @
www.hopecreates.org @

April 29, 2024

Zonta Club of St. Louis
Shima Rostami
PO Box 170083
Saint Louis, MO 63117-7783

Shima,

Your gift has already made an impact...

"Hope Creates made such a huge impact on me. I am working full time right now, saving money. I'm three months away from purchasing a car, using the tools I learned to help keep me sober."
- Stephanie M., Community Creation Event participant

Your passion for our mission is so appreciated! Together, we continue to innovate and expand our outreach to the most vulnerable youth at risk of or in recovery from Substance Use Disorder (SUD). You are a blessing. You are empowering youth and young adults, ages 12-30, to be able to explore the expressive arts and belong to a vibrant sober community that has "screaming fun" creating and exhibiting together.

Our work over the next year is critical to fight the pandemic of addiction for our youth and young adults. According to the CDC, an estimated 249,680 people died from combined alcohol- and drug-related causes last year, and the number continues to grow, making SUD the leading cause of preventable death in the United States, Missouri, and in St. Louis. Your support of Hope Creates will help us bridge the gap in understanding addiction and recovery, transforming the cultural dialogue, and establishing pathways to a joy-filled, sober life for recovering youth and young adults.

With deep gratitude,

Kathie Thomas

Executive Director
Hope Creates
314.384.6020
kathie.thomas@hopecreates.org

Donation Date: April 29, 2024
Donation Amount: \$5,000.00

Hope Creates is a 501(c)(3) public charity. Our EIN is 82-1130017.

*We are so
very grateful!
Exciting to get
to focus on girls
& empowering
them to explore
their creativity!
Kathie*

News from ZONTA INTERNATIONAL



In our busy schedules, we often compartmentalize Zonta and concentrate on our local community. However, Zonta helps make change worldwide. Learn more about Zonta's work with the United Nations! This is a long presentation (30 minutes).

So, grab a cup of coffee... or a glass of wine! Just click on the picture to the left.

Zonta International Webinars & Workshops

HEART STRINGS BY UNICEF

15-30 June 2024

Zonta International is proud to support UNICEF USA's new experiential event: Heart Strings. Heart Strings is a multi-city, immersive experience that invites you to take part in UNICEF's impact by powering a universal song through interactive multimedia, lighting effects, and inspiring music. As partners of UNICEF USA since 1972, Zonta invites its members to learn more about the life-sustaining work of UNICEF through the Heart Strings experience. Join the experience as it arrives in Zonta's home state of Illinois, on display in Chicago from June 15th to June 30th. For more information, visit heartstringsunicef.org.

[Buy Your Tickets Today](#)

Discount code: **ZONINTHS10**

ZONTA SAYS NOW INTERCONTINENTAL THINK TANK

23 June 2024

All members are welcome to join the Zonta Says NOW to Gender-Equal Climate Action Intercontinental Think Tank. Come share your ideas and gather inspiration on how we can address Gender-Equal Climate Action NOW!



[Register Here](#)

10:00 AM UTC



Thanks to each of you. I'm coming home with a new knee and a grateful heart on Friday (4/12)

Miriam



Liz thanked the club for the "beautiful" flowers we sent while she was in hospice care. Several of us were able to visit her before she passed. She was in fine spirits and shared many funny stories. Her funeral was well attended by club members. She will be missed. Our thoughts and prayers are with her granddaughter and family.

UPCOMING MEETINGS & EVENTS

June

6th Board Meeting
15th Scholarship Luncheon
Irv Zeid Park
1:00 - 1:00pm

July Vacation Time

UPCOMING BIRTHDAYS

June

5 Sherry Brooks
17 Norma Nisbet
18 Valeda Keys
22 Jessica Allen

July

1 Edith Holmes

