

ZONTA ZEST

Zonta Club of St. Louis

President's Message to the Club

Greetings Zontians,

Labor Day has come and gone! As summer draws to a close, I wanted to take a moment to reflect on the season we've had. Whether you spent it basking in the sun, enjoying leisurely vacations, or simply savoring the longer days, I hope it was a time of joy and relaxation for you.



September 15th begins Hispanic Heritage Month which runs through October 15th. The reason it runs across two months is because Independence Day celebrations include five other countries beside Mexico: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. This month is a time to reflect on and appreciate the diverse and dynamic heritage that enriches our society. Let's immerse ourselves in the music, dance, and stories that have been passed down through generations. Whether it's savoring the flavors of traditional dishes, enjoying the rhythms of mariachi, or learning about the incredible figures who have shaped our world, there's so much to explore and honor.

As we transition into fall, let's carry forward the warmth and vitality of summer. Here's to embracing the new season with fresh energy and a sense of renewal. I'm looking forward to the crisp air, cozy sweaters, and the beautiful changes that autumn brings.

This is a good time to invite friends to meetings and explore new venues. we are adjusting meeting dates in hopes of maximizing attendance and membership. It takes all of us and **WE ARE UP TO THE TASK!!!!**

President,

Laura Burton



September Board Meeting Updates:

- The Finance Committee met tonight. Finance Chair, Barb Meyer, says year-to-date we have made a 7.6% return on our investments.
- The board voted to accept proposed changes to the Membership Meeting schedule as follows:
 - December meeting either Saturday the 7th or 14th - based on Holiday Party Committee venue choices
 - March meeting, Saturday, March 22nd 11:30am - tentative at La Bonne Bouchée
 - June meeting, Saturday, June 14th or 21st - based on feedback from Malaika Horne (WAC Committee)
- The Program Committee is trialing the GroupMe app for communication within their group.
- A microphone has been purchased for speakers to use at our meetings.
- Malaika Horne would like a co-chair that could take over the WAC Committee in June. Laura will be reaching out to club members that may be interested.
- Cheryl Bielema shared information about a field trip to the Spoon River Valley Drive Festival - details in this ZEST!

MEMBERSHIP MEETING



Thursday, September 19th

Location: Viviano's Festa Italiano

Address: 55 Fenton Plaza
Fenton, MO 63026

Phone: (636) 305-1474

- **Appetizer Buffet:** Salad, Chicken Bacon Flatbread Bites, Grilled Shrimp Skewers, Roasted Eggplant Bites, Caprese Skewers, tea, water and coffee, cash bar available
- **Cost per person \$22.00** (cash or check made payable to Zonta Club of St. Louis)

Agenda

- Cocktails & Fellowship - 6:00 pm - 6:30 pm
- Business meeting and dinner - 6:30 pm - 8:00 pm
- Meeting Topic: Learn about [Zonta International Service Projects](#) and hear from club member, **Uma Eachempati**, speak on Women Activists of the World

RSVP (no account required):

<https://www.easy-rsvp.com/o1ukpl-september-zonta-membership-meeting>

Viviano's has requested a count on Friday 9/13, so **please RSVP by 9/12**

Event Contact: Stacy Donovan (901) 299-7759





SPOON RIVER VALLEY SCENIC DRIVE FALL FESTIVAL

OCTOBER 5, 6, 12, & 13, 2024

Watch for our red and white contributor signs to see those that want to help fund this Fall Festival for all to enjoy!



FUN FALL FIELD TRIP!!!

**Let's go see visit our ZONTA sister, Cheryl Bielema and join her in some
Spoon River Valley fun!**

Meet up Saturday, October 12th at 11:00

Canton, Illinois - Exact Location to be announced

Approximately 3 1/2 hour drive from St. Louis.

Let Cheryl know if you're interested. We can get a car pool going!

bielema@comcast.net 314-440-0326

The Service Committee Presents the following “Hands On” Opportunities...



SANTA'S HELPERS-TUESDAY OCTOBER 15 10:AM-1:PM

[Home - Santa's Helpers \(santashelpersstl.com\)](http://santashelpersstl.com)

This is an organization we have worked with for many years in the past, but haven't been able to do so the last several years. We will meet at their warehouse location and wrap Christmas presents that will be delivered to over 1300 families in December. (They no longer have Saturday volunteer days)

RSVP TO gilbertson.peggy@gmail.com

VALEDA'S HOPE WALK TO WIN is

LOOKING FOR VOLUNTEERS

SATURDAY OCTOBER 19 8:00 AM-11:00 AM

[Valeda's Hope - Supporting Women With Breast Cancer \(valedashope.org\)](http://valedashope.org)

Valeda's Hope is an organization run by our Zonta member Valeda Keys. It is a community breast cancer support organization. They will be holding their annual walk and they're looking for members to not only participate in the walk but help with registration, set up, etc.

RSVP TO valeda@mystrengthisyourstrength.com



**PLEASE SUPPORT YOUR FELLOW ZONTIANS IF AT ALL POSSIBLE.
SERVICE IS WHAT WE ARE ALL ABOUT!**

Zontians in *ACTION*... Lending a Helping Hand



HELP OUT at the GATEWAY ALLIANCE AGAINST HUMAN TRAFFICKING ANNUAL DINNER

WEDNESDAY NOVEMBER 13

[Gateway Alliance Against Human Trafficking | We educate communities and inspire positive systemic change to end human trafficking. \(gahtmo.org\)](https://www.gahtmo.org)

GAAHT provides training and education to end human trafficking. Shima Rostami, Zonta member, is Executive Director. She is requesting us to help her with her annual dinner. There are two shifts: *12pm-4pm or 4pm-9pm*. The first shift will do basket transfers, and set up, and the second shift will do registration, raffle, donation, collection, and basket bid monitoring during the dinner. Meals will be included for the volunteers. ***in addition, help putting together the baskets on October 29 would be also appreciated.***

RSVP to sr@gahtmo.org



December will be our annual Salvation Army ringing of the bells. Date TBD

Projects for 2025 have not been confirmed yet, but The Diaper Bank and Rung for Women will definitely be scheduled.

Zontian's in Action...

Supporting our community charities



**St. Louis Diaper Bank's
10th Birthday Party
09.25.2024**

Happy Hour at Perennial | 5:30pm - 7:30pm
216 W. Lockwood, Webster, MO 63119



Its Party Time

We look forward to celebrating with you!

[PURCHASE TICKET HERE](#)

We invite you to the St. Louis Area Diaper Bank's 10th Birthday Party! Your support has been instrumental in our journey, and we would be honored to have you with us as we commemorate this special milestone. Join us for an evening filled with celebration, reflection, and gratitude as we look back on a decade of community impact and forward to the future of our mission.

Perennial on Lockwood

Wednesday, September 25th

5:30pm - 7:30pm

2024 Annual Dinner

Become an **Ally**, Help us Prevent Human Trafficking

Wednesday, November 13, 2024 | 5:00 pm to 7:30 pm

Sheraton Westport Chalet | 191 Westport Plaza Drive | St. Louis, MO 63146

(Free Parking)

Join us for a special evening and treat yourself to Cocktail Hours, delicious dinner, Auction, Raffle, Awards and more!

[PURCHASE TICKETS](#)

GATHER YOUR FAMILY
& FRIENDS TO WALK
WITH US!



WALK to WIN

9AM-11AM
Saturday,
October 19, 2024



All proceeds goes to Valeda's Hope Programs

- Recliners For Her
- Navigate Her
- Save Our Sisters and Daughters

Tiemeyer Park
St. Ann, MO

CLICK [HERE](#) TO REGISTER.

I hope this letter finds you well. As we approach another pivotal moment in our mission at Valeda's Hope, we are reaching out to you with an appeal close to our hearts. Valeda's Hope, a 501(c)(3) non-profit organization, is dedicated to **supporting women undergoing double mastectomies by providing them with recliners and comfort items to ease their recovery journey.**

We are excited to announce our upcoming 2K walk, an event designed to not only **promote physical activity** but also to **raise much-needed funds** for our cause. Research shows that women who engage in regular physical activity, such as a brisk 30-minute walk daily, have approximately a 3% lower risk of developing breast cancer compared to those who are less active. This walk symbolizes hope, strength, and the transformative power of community support.

To make this event a success, we need **your** help.

REGISTRATION: 8:00 AM CST | WALK BEGINS: 9:00 AM CST

FALL CLOSET CLEANING?

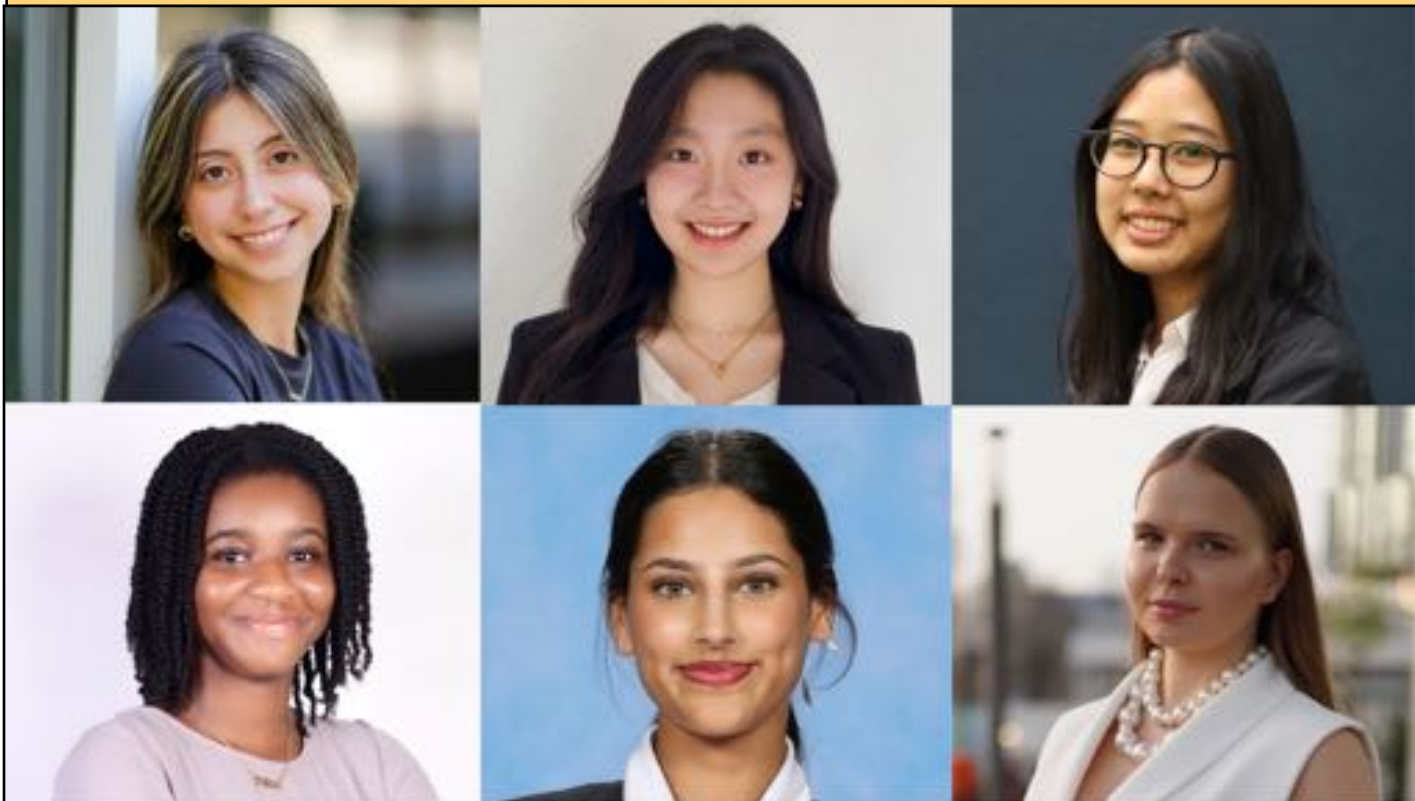


SUPPORT THE WOMEN'S ANOTHER CHANCE PROGRAM by donating to Charity Clothing Pickup

- Schedule a pickup through their website at:
www.clothingpickupstl.com or call **314-416-1300**
- Indicate your *charity preference* by selecting:
Women's Another Chance Missouri
- Confirm your donation is waiting for pickup when prompted

Zonta International

2024 Young Women in Public Affairs Award Winners



Zonta International is pleased to share more about the international recipients of the 2024 Young Women in Public Affairs Award. These 37 young women are addressing gender and social inequality, gender-based violence, climate change and more.

[Click here](#) to read the bios of the 2024 international YWPA Awardees.



This biennium, we introduce Inspiring Impact, the Zonta Foundation for Women Quarterly Report, which will highlight stories of impact and feature past education awardees, international service projects and key Foundation supporters.

Zonta International Webinars & Workshops

ZONTA SAYS NOW INTERCONTINENTAL THINK TANK

8 September 2024

All members are welcome to join the Zonta Says NOW to Gender-Equal Climate Action Intercontinental Think Tank. Come share your ideas and gather inspiration on how we can address Gender-Equal Climate Action NOW!



INTERNATIONAL EQUAL PAY DAY

18 September 2024

Globally, women on average, are paid about 20% less than men. Established by the Equal Pay International Coalition in 2019, International Equal Pay Day is dedicated to raising awareness about unequal pay to women, pushing to close the gender pay gap and calling for actions to achieve pay equity globally.

NEW MEMBER ORIENTATION

19 September 2024

Are you new to Zonta? Join the Zonta Headquarters Membership Team on this meeting and let us welcome you. We will provide a history of Zonta, the programs we support, resources available to you, and an opportunity to meet with a member of the International Membership Committee.

**Register Here
For 9:00am CDT**

**Register Here
For 6:00pm CDT**

UPCOMING MEETINGS & EVENTS

September

- 19th Membership Meeting
Viviano's Italian Cafe
Fenton, MO
\$22 Check to Zonta Club of St. Louis

October

- 3rd Board Meeting via ZOOM
12th Field Trip!
Spoon River Valley Scenic Drive Festival
and visit with Cheryl Bielema
15th Santa's Helpers volunteer project
17th Membership Meeting
19th Walk to Win with Valeda's Hope
25th St. Louis Diaper Bank's
10th Birthday Party

UPCOMING BIRTHDAYS

September

- 3 Kit Whittington
24 Barb Meyer
25 Carol Camp-Yeakey

October

- 7 Kay Moss

